



VaDance Studio

1129 Thomas Jefferson Rd. * Forest, VA 24551
434-525-9410 www.VaDance.com

September

SUN MON TUE WED THU FRI SAT

MONTHLY ACTIVITIES

Group Classes:

*\$12 per class or
 \$40 per person/per series*

Mondays

Beginner 7:00

Sept - Salsa / Merengue

Oct - Waltz / Rumba

Interm Bronze 8:00

Sept - Salsa / Cha Cha

Oct - Waltz / Foxtrot

Tuesdays

Silver Level 7:00

Sept - Rumba

October - Waltz

Thursdays

Beginner 7:00

Sept - Waltz / Rumba

Oct - S Swing / Foxtrot

Advanced Bronze 8:00

Sept - Salsa / Rumba

Oct - Cha Cha / Tango

Broadway Party

Friday, Sept. 24th

8:00 - 10:00 \$15 person
 (1/2 Class Included)

Halloween Party

Friday, Oct. 29th

8:00 - 10:00 \$15 person
Prizes for costumes!!!!

Guest Parties

Sun, Sept 12 4:00 - 5:30

Fri, Oct 8 8:00 - 10:00

\$10 or Free with Guest!
 (1/2 Class Included)

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 Forest, VA 24551

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Zumba Classes \$12 per class
PACKAGES: 4/\$44 8/\$80 16/\$128
MORNINGS: Mon, Thu, Fri, Sat at 9:30
EVENINGS: Mon - Thu at 6:00

				1 6:00 Zumba	2 9:30 Zumba 6:00 Zumba	3 9:30 Zumba	4 9:30 Zumba		
5	6 Labor Day 9:30 Zumba 6:00 Zumba	7 6:00 Zumba 7:00 Silver	①	8 6:00 Zumba	9 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Adv. Bronze	①	10 9:30 Zumba	11 9:30 Zumba	
12 Guest Party 4:00—5:30	13 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Interm. Bronze	①	14 6:00 Zumba 7:00 Silver	②	15 6:00 Zumba	16 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Adv. Bronze	②	17 9:30 Zumba	18 9:30 Zumba
19	20 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Interm. Bronze	②	21 6:00 Zumba 7:00 Silver	③	22 6:00 Zumba	23 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Adv. Bronze	③	24 9:30 Zumba Broadway Party 8:00 - 10:00	25 9:30 Zumba
26	27 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Interm. Bronze	③	28 6:00 Zumba 7:00 Silver	④	29 6:00 Zumba	30 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Adv. Bronze	④		

OCTOBER

Guest Parties \$10 or Free with Guest!
Sun, Sept 12 4:00-5:30 * Fri, Oct 8 8:00-10:00
***** New Beginner Students - 1/2 price *****

SUN MON TUE WED THU FRI SAT



Halloween Party
Friday Oct. 29th 8:00—10:00



						1 9:30 Zumba	2 9:30 Zumba		
3	4 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Interm. Bronze	①	5 6:00 Zumba 7:00 Silver	①	6 6:00 Zumba	7 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Adv. Bronze	①	8 9:30 Zumba Guest Party 8:00—10:00	9 9:30 Zumba
10	11 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Interm. Bronze	②	12 6:00 Zumba 7:00 Silver	②	13 6:00 Zumba	14 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Adv. Bronze	②	15 9:30 Zumba	16 9:30 Zumba
17	18 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Interm. Bronze	③	19 6:00 Zumba 7:00 Silver	③	20 6:00 Zumba	21 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Adv. Bronze	③	22 9:30 Zumba	23 9:30 Zumba
24 / 31	25 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Interm. Bronze	④	26 6:00 Zumba 7:00 Silver	④	27 6:00 Zumba	28 9:30 Zumba 6:00 Zumba 7:00 Beginner 8:00 Adv. Bronze	④	29 9:30 Zumba Halloween Party 8:00—10:00	30 9:30 Zumba